

FALL SCHEDULE 2022- JUNE 30TH 2023

TYKES, KIDS AND YOUTH SCHEDULE

MONDAY

TYKES TAEKWONDO

5:00 PM-5:30 PM

FAMILY TAEKWONDO

5:45 PM-6:30 PM

YOUTH/ TEEN KICKBOXING

7:30 PM-8:30 PM

TUESDAY

TYKES TAEKWONDO

4:30PM-5:00 PM

KIDS TAEKWONDO

5:00 PM-5:45 PM

YOUTH TAEKWONDO

6:00PM-6:45 PM

TEEN/ADULT TAEKWONDO

7:00 PM-8:00 PM

WEDNESDAY

TYKES TAEKWONDO

5:00 PM-5:30 PM

FAMILY TAEKWONDO

5:45 PM-6:30 PM

YOUTH/ TEEN KICKBOXING

7:15 PM-8:30 PM

THURSDAY

TYKES TAEKWONDO

4:30PM-5:00 PM

KIDS TAEKWONDO

5:00 PM-5:45 PM

TEEN/YOUTH TAEKWONDO

6:00 PM-6:45 PM

TEEN/ADULT TAEKWONDO

7:00 PM-8:00 PM

FRIDAY

KIDS TAEKWONDO
SPARRING

4:45 AM-5:30 AM

YOUTH
TAEKWONDO/KICKBOXING
SPARRING

5:30 AM-6:30 AM

SATURDAY

TYKES TAEKWONDO

9:00PM-9:30 PM

FAMILY TAEKWONDO

10:00 AM-10:45 AM

YOUTH - TEEN - ADULT

11:00 AM-11:45AM

SUNDAY

**NO
CLASSES**

TYKES TAEKWONDO
AGES 3.5-5.5 YRS OLD

KIDS TAEKWONDO
AGES 5.5 - 8 YRS OLD

FAMILY TAEKWONDO
5 YRS +

YOUTH TEEN KICKBOXING
12 YRD OLD +

TEEN/ADULT TAEKWONDO
12 YRD OLD +

EFFECTIVE SEPTEMBER 12TH ALL CLASSES FINISH 5 MINTUES BEFORE END TIME